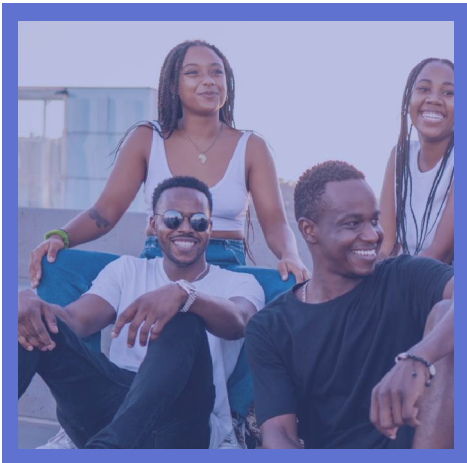
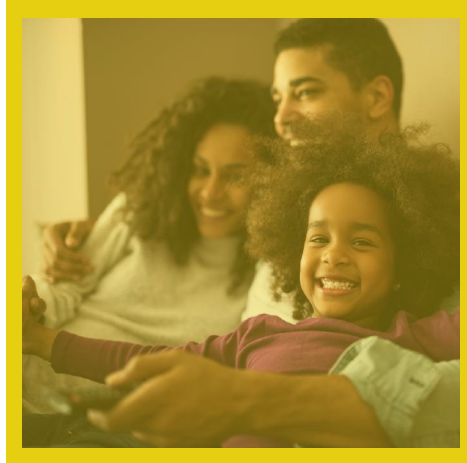




REPORT TO STAKEHOLDERS



To learn more about visit <https://www.dmcehealth.com/>

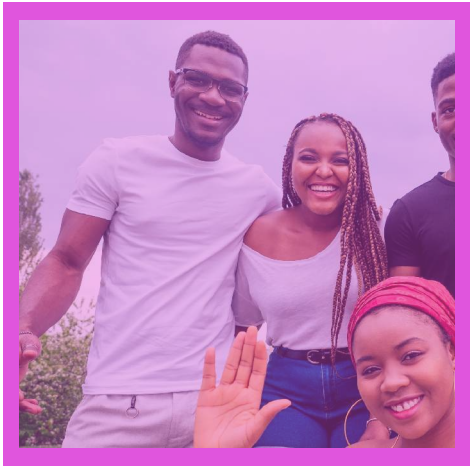


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LETTER FROM THE LEADERSHIP OF DMC EMPOWERING HEALTH SERVICES

2022-23 was an eventful year for DMC Empowering Health Services. The organization has been preparing for your upcoming CARF accreditation and growing our Outpatient Mental Health Clinic. The leadership team at DMC understands that many individuals, families and communities in Baltimore and the surrounding areas are struggling with a myriad of issues. DMC has been working to meet the moment and implement services that result in change for our clients and their communities. Using a Holistic model; we seek to provide meaningful opportunities for interactions between the communities we serve and our team. Our collaborative approach includes supporting clients on the path to wellness and our key focus over the last year has been to women and children. DMC strives to set ourselves apart from other behavioral health organizations by assessing the needs of those we serve and using that information to make the needed changes to our programming and the processes that we utilize. We have designed our service delivery model to embrace the cultural, linguistic, trauma-informed, socio-economic, and other needs individuals seeking/requiring behavioral health services.

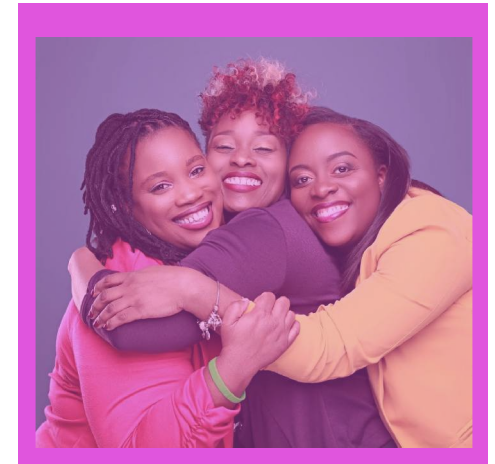
We are also excited to announce that DMC has grown over the last several months. We have developed relationships with Baltimore City Housing Authority and Mayland Healthy Baby Initiatives. Based on the need we see and based on input from our stakeholders we know this is the right approach. This includes partnering with organizations to provide substance abuse services.

Although lots of changes are coming, DMC's leadership is being proactive in determining the future of the organization and analyzing our performance over the last several years to make improvements. We are excited for the road ahead and to grow within new markets.

This report reviews our accomplishments during our preliminary period. The information provided in this report was gathered using a variety of mechanisms to make sure that our programs and services are in line with the expectations of persons served, stakeholders and personnel. Leadership utilizes this data in program planning, performance improvement, strategic planning, organizational advocacy, information technology planning, financial planning, resource planning, and workforce planning. We hope this gives you an idea of our first year of operation and the future direction of the organization.

Sincerely,

Leadership Team of DMC Empowering Health Services, LLC



DMC is a CARF accredited organization. To learn more about CARF and the benefit of accreditation please visit:
<https://www.carf.org/Accreditation/ValueOfAccreditation/Benefits/>

Our Focus on Maternal Mental Health



At DMC nothing matters more than your health and wellbeing. Our goal and commitment is the delivery of high quality care and help clients achieve restored health and wellness in all areas of their lives. We have used the feedback we have recieved from our stakeholders and will be rolling out and expanding programs that will offer services that fit the needs the communities we serve.



Our Maternal Mental Health and Women and Children Mental Health Programs focus on women in the first year postpartum. Research suggests that one in five women is affected by maternal mental health conditions such as depression, anxiety disorders, obsessive-compulsive disorder, post-traumatic stress disorder, bipolar illness (which may include psychotic symptoms), and substance use disorders. The most common conditions are perinatal mood and anxiety disorders, including postpartum depression. DMC provides services that address these issues and also engage in prevention services that encourages pregnant women to plan ahead by learning the symptoms of pregnancy-related mental health conditions. We advocate for clients to seek support services along with mental health treatment. This includes:

- Doula Services
- Home Visiting Services (Health Home)
- Referrals to Opioid Misuse Program when applicable
- Referral to MOM case management services are free for eligible Medicaid members.



OUR MISSION:

Our mission is to create a culture of self-sufficient individuals by providing programming that instills, enhances, and sustains a renewed life.

OUR VISION:

We envision a city where at risk individuals are able to thrive at their highest potential

OUR WORK: HIGHLIGHTS OF THE YEAR 2022

TOTAL # OF CLIENTS SERVED

DMC has provided services to over 500 client.s since our last accreditation



Goal for
2024-25

Expand our School Mental Health Services
Expand Maternal Mental Health/Women & Children Mental Health Programming



Assisted 40+ clients and extended families with resources and assistance, including connection to doula services.

10+ COMMUNITY EVENTS

DMC attended several events this year including our bookbag drive, free community workshops, and parenting services. We provide trauma informed trainings throughout the community.



OUR WORK: HIGHLIGHTS OF THE YEAR 2022

NEW REFERRAL SOURCES

DMC has signed new referral agreements and expects to see an increase in our census. While we already provide services for Baltimore City Schools and the Mayors Office.



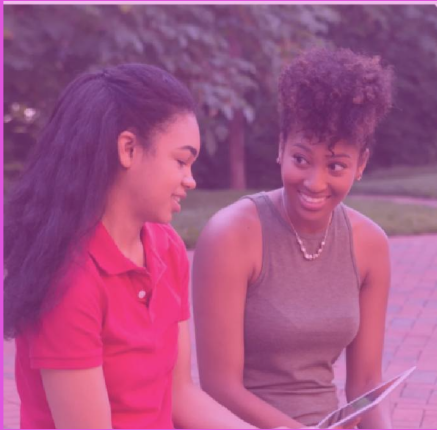
FAMILY BASED MENTAL HEALTH GOALS

The Family Check-Up (FCU) model is assessment-driven, strengths-based, and tailored to improve family management practices (i.e., family routines and parenting) and child outcomes. It integrates motivational enhancement strategies (Miller & Rollnick, 2002) and treats the parent as an expert in a collaborative process between the parent and a SHMHS provider.



YOUTH INTEGRATED MENTAL HEALTH

Young people in Baltimore City continue to ask for the resources and support that they need to thrive. DMC is seeking grant funding to develop a model that is co-designed with the youth experiencing the behavioral health crisis facing Baltimore youth.



FINANCIAL HIGHLIGHTS 2022



RFP'S SUBMITTED

For the 2022-23 Fiscal Year DMC has submitted several grants that are pending approval. We believe that we will be able to meet



ESTIMATED REVENUE:
\$500,000+

Behavioral Health System Baltimore Grants

DMC is seeking to expand services through both health home services and mental health. Health home services will be connected to our maternal health programming.



5 Requests for Proposals

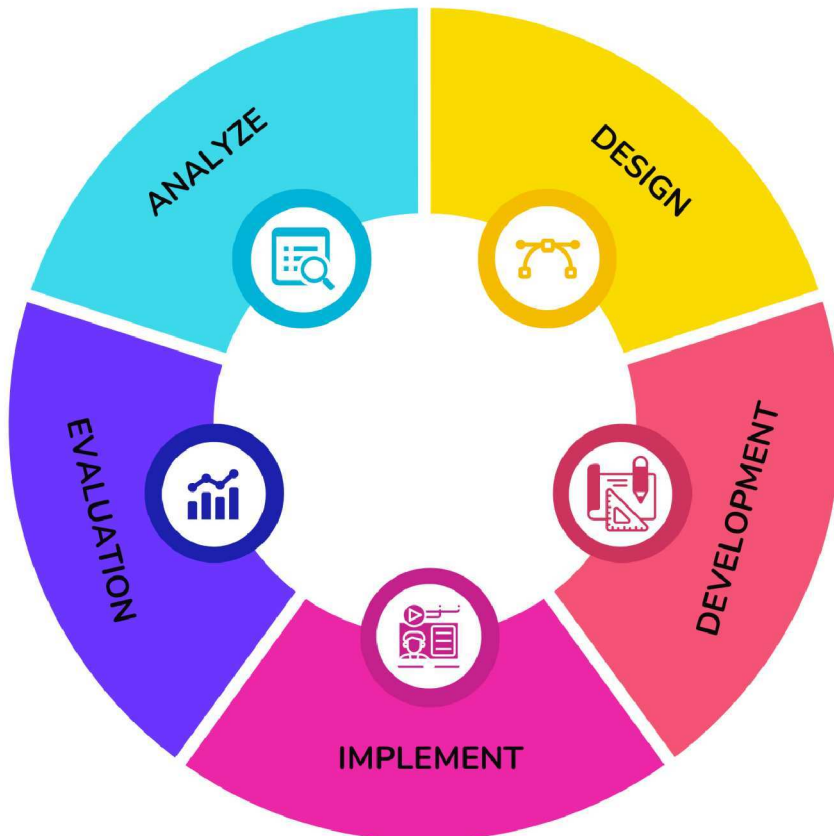
DMC has identified 5 RFP's that will add an additi \$1.2 in revenue. Including the Grant Youth Fund and the Maryland Community Health Resources Commission statewide has up to \$120 million will be available.



OUR GOALS: HOW DID WE DO?



Program Goals & Strategic Priorities



OUR GOALS

DMC Empowering Health Service goals have been monitored by program leadership during the preliminary period. The chart below outlines our ability to meet those goals and ensure our stakeholders

EFFECTIVENESS

- Ability to manage symptoms related to diagnosis.
- Decrease in use of emergency mental health services.
- Increase in functional status.
- **HOW DID WE DO? We have partially met these goals**

EFFICIENCY

- # of sessions completed for all programs for FT and PT staff
- % of clients invited and involved in treatment planning
- **HOW DID WE DO? We have met these goals**

ACCESS

- Clients who are referred to the program are seen within 5 days for clients not experiencing a mental health crisis.
- Clients who experience a crisis will be seen within 24 hours.
- **HOW DID WE DO? We have met these goals.**

SATISFACTION

- 80% of persons served are satisfied with the frequency and intensity of services
- 80% of stakeholders are satisfied with our referral process
- 80% of staff are satisfied with the work environment
- **HOW DID WE DO? We have met these goals**

BUSINESS FUNCTION

- Apprival of \$50,000 in additional revenue through the RFP/grant process
- **HOW DID WE DO? We have partially met these goals.**

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